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(Opps.... I mean 73.)

Phrasal Verbs You Hear (almost) Every Day

Hello & Welcome!

Thanks for downloading this FREE e-book.

You will learn 73 common phrasal verbs and there are practice exercises at the end to check your understanding.

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Question: What is a phrasal verb?

Answer: Phrasal verbs are a group of words that are always together. To a native speaker it just sounds 'right'. Don't memorize them all at once but rather as you come across them in conversation.

Question: When do you hear phrasal verbs?

Answer: All the time! Phrasal verbs are very common. In this e-book you will learn 73 common phrasal verbs and their meanings.

Question: When will I use phrasal verbs?

Answer: As you become more comfortable with the English language you will use more and more phrasal verbs. Using phrasal verbs will help you sound more like a native speaker.

Ready, Set, LEARN!

	Phrasal Verb	Meaning	Examples
1	agree with	have the same opinion as another person	1. I <u>agree with</u> you. I think Jeff should have not the promotion. 2. I <u>agree with</u> everything you said.
2	apply for	make a request for something (job, loan, college, etc.)	1. Eric <u>applied for</u> six jobs today. 2. I haven't heard back from the bank about the loan I <u>applied for</u> last week.
3	back up	1. give support 2. make a copy of (file or document)	1. He always <u>backs up</u> my work. 2. Amy always <u>backs me up</u> in difficult situations. 3. Make sure you have a <u>back up</u> ready. I would hate to look unprepared. 4. Did you <u>back up</u> the files?
4	break down	1. go out of order/stop functioning 2. lose control of emotions	1. The truck <u>broke down</u> again. 2. The car <u>broke down</u> while we were on vacation. 3. She had a <u>break down</u> when she heard about the accident. 4. I had an emotional <u>break down</u> after I lost my job.
5	bring back	return something	1. I have to <u>bring back</u> these books to the library. 2. The pants I bought don't fit. I am going to <u>bring them back</u> to the store.

	Phrasal Verb	Meaning	Examples
6	butt in (on)	interrupt impolitely	<p>1. It is not polite to <u>butt in</u> on someone else's conversation.</p> <p>2. Stop <u>butting in</u> on our conversation. It's none of your business.</p>
7	call back	return a phone call	<p>1. <u>Call me back</u> when you have a chance.</p> <p>2. Can you please tell Victor to <u>call back</u> once he gets home?</p>
8	calm down	become more relaxed or less upset/angry	<p>1. You need to <u>calm down</u> or you are going to get sick.</p> <p>2. Once you <u>calm down</u> and stop yelling, we can talk.</p>
9	count on	depend or rely on	<p>1. Don't worry. You can <u>count on</u> me to watch your kids while you are at work.</p> <p>2. My grandpa <u>counts on</u> us to take care of his house. He is too old to do it by himself.</p>
10	deal with	handle or take care of (a problem)	<p>1. Tiffany is always <u>dealing with</u> so many problems.</p> <p>2. If you cannot <u>deal with</u> her attitude; tell her to leave.</p>
11	drag on	last longer than expected	<p>1. This meeting is really <u>dragging on</u> for no reason.</p> <p>2. Football games seem to <u>drag on</u> forever.</p>

	Phrasal Verb	Meaning	Examples
12	dress up	1. wear elegant or nice clothes 2. disguise oneself	1. We have to <u>dress up</u> for Carol's wedding. 2. She always <u>dresses up</u> when we go out dancing. 3. I love to <u>dress up</u> on Halloween. 4. We have to <u>dress up</u> for the costume party.
13	drop in/by	visit unexpectedly, usually on the way to somewhere else	1. I am going to <u>drop by</u> to visit sometime this week. 2. My uncle always <u>drops in</u> unexpectedly.
14	drop off	deliver something/someone	1. I have to <u>drop off</u> some papers at my friend's house tonight. 2. My mom has to <u>drop me off</u> at baseball practice this afternoon.
15	figure out	understand/find the answer	1. I cannot <u>figure out</u> how to use the new printer. 2. No matter how many times I tell her how to do it; she cannot <u>figure it out</u> .
16	fit in	feel comfortable with/excepted	1. She does not <u>fit in</u> with her new class. 2. He thinks he <u>doesn't fit in</u> at school.
17	focus on	concentrate on	1. You need to <u>focus on</u> the important things in life. 2. To pass the exam he needs to <u>focus on</u> the notes he took in class.

	Phrasal Verb	Meaning	Examples
18	fall behind	fail to stay at a certain level	1. Shane is starting to <u>fall behind</u> because he does not listen in class. 2. If Peter doesn't come to English class every week, he is going to <u>fall behind</u> .
19	get along (with)	work well with	1. Molly <u>gets along with</u> her new coworkers. 2. My brother never <u>gets along with</u> anyone.
20	give up	stop doing something	1. I <u>give up</u> . I am never going to learn to ride a bike. 2. Peter <u>gave up</u> on learning to speak Spanish.
21	go through	experience	1. I <u>went through</u> a lot in the last few years. 2. She <u>went through</u> a lot to get her new job.
22	get in	enter	1. <u>Get in</u> the car. 2. He studied a lot and <u>got into</u> a great university.
23	get on	board/enter (bus, train, bike)	1. He <u>got on</u> the bus on the corner of Broadway and North. 2. I have to <u>get on</u> bus ten to get home.
24	get out	leave/exit	1. My sister always tries to <u>get out</u> of cleaning the house. 2. <u>Get out</u> of the way!

	Phrasal Verb	Meaning	Examples
25	get over	recover from/forget	1. Elizabeth <u>got over</u> the flu very quickly. 2. I don't think I will ever <u>get over</u> what you did to me.
26	hand back	return	1. The English teacher will <u>hand back</u> the exams next week. 2. Mr. Peterson <u>handed back</u> all of the completed assignments last Friday.
27	hand out	distribute	1. Ms. Nelson <u>hands out</u> the new homework on Mondays. 2. The principal <u>handed out</u> the new contracts this afternoon.
28	head for/to	go/move to	1. I'm <u>headed for</u> my aunt's house after work today. 2. We're <u>headed to</u> the new shopping mall.
29	hold on	1. wait 2. grip/grab something tightly	1. <u>Hold on</u> while I finish reading this page. 2. <u>Hold on</u> for a second. I need to finish this email before we talk. 3. Can you <u>hold on</u> to this for me? It's really heavy. 4. <u>Hold on</u> to my hand when we cross the street.
30	hurry up	be or do something quickly	1. <u>Hurry up</u> and finish your homework. 2. <u>Hurry up!</u> I'm tired of waiting for you.

	Phrasal Verb	Meaning	Examples
31	keep on	continue doing something	<p>1. We need to <u>keep on</u> running until we get to the finish line.</p> <p>2. You need to <u>keep on</u> reading the story to see what happens.</p>
32	know of	have heard of something or have knowledge of	<p>1. Do you <u>know of</u> any good dentists in Miami?</p> <p>2. Do you <u>know of</u> anyone else that is going to Betsy's wedding?</p>
33	lay off	fire, dismiss, let go	<p>1. Michelle was <u>laid off</u> after they caught her stealing from the store.</p> <p>2. We have to <u>lay off</u> 25 employees next month. We just don't have enough business anymore.</p>
34	let down	disappoint	<p>1. I hate to <u>let you down</u> but I cannot go out tonight. I'm not feeling good.</p> <p>2. You have to come to the New Year's Party! You don't want to <u>let the family down</u>.</p>
35	line up	stand in a row	<p>1. Class, please quietly <u>line up</u> at the door.</p> <p>2. <u>Line up</u> the books on the shelves.</p>
36	log on/in	open or access a program using a password	<p>1. You have to <u>log on</u> to the computer to use the internet.</p> <p>2. I need help <u>logging on</u>. I forgot my password.</p>

	Phrasal Verb	Meaning	Examples
37	log off	close a password controlled program	1. You have to <u>log off</u> when you are finished. 2. Did you <u>log off</u> ? I cannot use it until you do.
38	look after	take care of/watch	1. I <u>look after</u> my friend's cat when she is out of town. 2. My aunt <u>looks after</u> my kids while I am at work.
39	look for	try to find something	1. I have to <u>look for</u> the recipe that my grandma gave me for the potato salad. 2. I can't find my car keys. Help me <u>look for</u> them.
40	make fun of	make jokes about or laugh at	1. Stop <u>making fun of</u> him. That is not nice! 2. Abby always <u>makes fun of</u> her little sister.
41	make up	invent	1. I'm tired of listening to the stories that you <u>make up</u> . I know they're not true. 2. Can you help me <u>make up</u> a story about a man that knows how to fly?
42	miss out (on)	lose an opportunity to do something	1. I would hate to <u>miss out on</u> conference next month. 2. Melissa always <u>misses out</u> when she is sick. She should try to miss less days of school.

	Phrasal Verb	Meaning	Examples
43	narrow down	reduce a list or the number of option available	<p>1. The manager of human resources is <u>narrowing down</u> the list of candidates for the job.</p> <p>2. The police are <u>narrowing down</u> the list of suspects.</p>
44	own up	admit or confess to something	<p>1. You have to <u>own up</u> to what you did.</p> <p>2. The suspect <u>owned up</u> to committing five murders.</p>
45	pay back	reimburse	<p>1. I will lend you five dollars but don't forget to <u>pay me back</u> tomorrow!</p> <p>2. You better watch out! I'll <u>pay you back</u> for what you did to my sister.</p>
46	pop in	quick/brief visit	<p>1. I'm going to <u>pop in</u> a little later and ask you a few questions about the new contract.</p> <p>2. The new client <u>popped in</u> while I was out to lunch.</p>
47	pop up	occur/arise/come up	<p>1. A question about the new marketing plan <u>popped up</u> during the meeting.</p> <p>2. A problem with the new computer <u>popped up</u> while you were out of the office.</p>

	Phrasal Verb	Meaning	Examples
48	put (something) out	leave/place something in a visible place	1. I <u>put</u> the bills <u>out</u> that need to be paid. 2. My dad <u>put</u> my lunch <u>out</u> on the table to make sure I saw it.
49	pick up	collect something or somebody	1. I have to <u>pick up</u> my son from his friend's house at 5pm. 2. My mom <u>picked me up</u> late from school because she was stuck in traffic.
50	point out	call/direct attention to	1. I'd like to <u>point out</u> that I have been working on this account for two years without any problems. 2. Ms. Peterson <u>pointed out</u> the mistake I made on the exam.
51	rely on	trust/depend on/ count on	1. Don't worry. You can <u>rely on</u> me to take care of your dog. 2. My boss <u>relies on</u> his assistant to get almost everything done.
52	run into	meet unexpectedly or accidentally	1. I <u>ran into</u> your aunt at the library yesterday. 2. Erica <u>ran into</u> her old boss at the new restaurant.
53	show off	brag or want to be admired	1. Mary was <u>showing off</u> her new purse to all the women at the office. 2. Willy loves to <u>show off</u> at the gym.

	Phrasal Verb	Meaning	Examples
54	show up	appear unannounced or unscheduled	<p>1. My husband <u>showed up</u> to the restaurant with flowers for me.</p> <p>2. My cousin <u>showed up</u> at the wedding even though he wasn't invited.</p>
55	sign in	register	<p>1. Please <u>sign in</u> and get your name tag over there.</p> <p>2. I have to <u>sign in</u> and show my ID at the front desk every time I visit.</p>
56	sleep in	sleep late in the morning or later than usual	<p>1. I love to <u>sleep in</u> on the weekends.</p> <p>2. My kids always wake up early and never let me <u>sleep in</u> past 6am.</p>
57	stick up for	defend	<p>1. I had to <u>stick up for</u> Maria at work today. She is always getting in trouble.</p> <p>2. You have to <u>stick up for</u> what you believe in.</p>
58	take after	resemble or look like (physically or personality/character)	<p>1. Harrison's <u>takes after</u> his father. They both have big brown eyes.</p> <p>2. She <u>takes after</u> her mom.</p>

	Phrasal Verb	Meaning	Examples
59	take back	1. return (an object) 2. retract/withdraw something previously stated	1. I have to <u>take</u> this shirt <u>back</u> to the store. It doesn't fit. 2. I <u>took back</u> the swing to the store because it was defective. 3. I <u>take back</u> what I said about Pablo last week. He really is learning quickly now. 4. You better <u>take back</u> what you said about Sharron or I will tell her.
60	tell off	reprimand/ criticize/scold	1. I <u>told off</u> the boy that threw a snowball at me. He better not do that ever again. 2. I am going <u>to tell off</u> the neighbor. I am so sick of listening to her dogs bark all day long.
61	throw away	discard as or dispose of something useless or unwanted	1. <u>Throw away</u> the trash in the garbage can. 2. He <u>threw away</u> the old couch after he bought the new one.
62	throw up	vomit	1. The dog <u>threw up</u> after he got into the trash. 2. I have to go home. I feel like I am going to <u>throw up</u> .

	Phrasal Verb	Meaning	Examples
63	toy with	thinking about (without serious intent)	1. I'm <u>toying with</u> the idea of opening my own window washing business. 2. I'm <u>toying with</u> the idea of going to Brazil next month to visit my friend Paulo.
64	track down	looking for	1. I need to <u>track down</u> the book I got at the library before they fine me returning it late. 2. I <u>tracked down</u> the best graphic designer in the city to help me with my new project.
65	try on	put on something to see if it fits you or if you like it	1. Anna <u>tried on</u> 20 bikinis before she found the perfect one. 2. I have to <u>try on</u> the sweater you gave me for my birthday.
66	turn away	refuse entrance to someone	1. The bouncer <u>turned away</u> the man that didn't have a ticket for the show. 2. I had to <u>turn away</u> two customers today that came when we were closing the store.
67	turn down	1. lower the volume 2. refuse	1. Can you <u>turn down</u> the music? It's giving me a headache. 2. I <u>turned down</u> the TV so I could hear what she was saying. 3. I couldn't <u>turn down</u> such a great offer. 4. They <u>turned her down</u> because she did not speak enough English for the job.

	Phrasal Verb	Meaning	Examples
68	turn up	1. raise the volume 2. appear/arrive	1. <u>Turn it up!</u> I love this song. 2. The music is <u>turned up</u> so high that I cannot hear what you are saying. 3. Mark <u>turned up</u> an hour late to work. 4. I hate to <u>turn up</u> unannounced to the party. What if they didn't want me to come?
69	use up	finish a product/thing so there is none left to use	1. Who <u>used up</u> all of the shampoo? I just bought a new bottle last week. 2. I have to buy more toothpaste. The kids <u>use it up</u> in no time.
70	warm up	1. reheat 2. to feel more relaxed or get used to	1. Can you <u>warm up</u> the leftovers for me? 2. Let me <u>warm up</u> my coffee. I don't like to drink it cold. 3. My wife has to <u>warm up</u> to the idea of moving to New York. She has never lived in another state before. 4. The class hasn't <u>warmed up</u> to the new teacher at school. It will probably take a few more weeks before they get used to her.

	Phrasal Verb	Meaning	Examples
71	watch out	be careful of/ look out for	<p>1. <u>Watch out</u> for the ice over there. It can be very slippery.</p> <p>2. <u>Watch out</u> the window and tell me if you see her.</p>
72	went out	to go out	<p>1. I <u>went out</u> to dinner with my friends last night.</p> <p>2. We <u>went out</u> to the new dance club downtown. It was awesome!</p>
73	work out	<p>1. to do physical exercise</p> <p>2. find a solution or calculate/figure out something</p>	<p>1. The doctor said I have to <u>work out</u> five times a week to get healthy.</p> <p>2. I would love to try to do the new dance <u>work out</u> class at the gym.</p> <p>3. It is expensive to buy a new car. I haven't <u>worked out</u> exactly how much it will cost a month yet.</p> <p>4. The details for the trip will be <u>worked out</u> as soon as we figure out our budget.</p>

Phrasal Verbs Practice Exercises: 1



broke down	agree with	applied for	back up	bring back
count on	butt in	call back	calm down	dealt with

Fill in the blank with the correct phrasal verb.

1. I _____ a new job this morning.
2. Can you tell Amy to _____ when she has a chance?
3. You need to _____ and listen.
4. You can _____ me to take good care of your cat.
5. The old motorcycle _____ on the side of the road.
6. Don't _____ on our conversation.
7. You need to _____ the presentation.
8. I have to _____ the shoes I bought; they are too small.
9. Why do you always have to _____ her?
10. She has _____ a lot of problems in her relationship.

Phrasal Verbs Practice Exercises: 2



drag on	dressed up	figure out	drop in	fit in
drop off	falling behind	give up	focus on	get along with

Fill in the blank with the correct phrasal verb.

1. Don't _____. You will learn how to do it if you keep trying.
2. Sadie is _____ in class.
3. Hector _____ like a pirate for Halloween.
4. You need to _____ the details.
5. My sister does not _____ her teacher.
6. Carlos doesn't _____ at his new school.
7. I am going to _____ on my way to the supermarket.
8. Did he _____ the boxes?
9. Did you _____ which computer to buy?
10. Her presentations _____ forever.

Phrasal Verbs Practice Exercises: 3



went through	got into	get on	get out of	got over
hand back	hand out	headed to	hurry up	hold on

Fill in the blank with the correct phrasal verb.

1. I will _____ your papers on Thursday.
2. Marcela just _____ an awful cold.
3. Madeline _____ the best dance school in town.
4. You need to _____ or we will be late.
5. _____ the train at Central Station.
6. Mr. Jackson will _____ the project requirements this afternoon.
7. I am _____ the new restaurant with friends from work.
8. My hands are full. Will you please _____ to this for me?
9. Stephanie _____ a lot during her divorce.
10. My co-worker tries to _____ cleaning the store.

Phrasal Verbs Practice Exercises: 4



keep on	know of	laid off	let down	line up
log on	log off	looking after	looking for	make fun of

Fill in the blank with the correct phrasal verb.

1. Why do you always _____ your brother?
2. My grandmother is _____ my cat while I'm away at college.
3. Please _____ to your computer and open a Word document.
4. The Bruno Mars concert was such a _____.
5. Philip was _____ from his job. He had worked there for 20 years.
6. When you are done with the program you need to _____.
7. The marketing firm is _____ qualified candidates for the new job.
8. It is important that you _____ the books in alphabetical order.
9. Do you _____ any good Korean restaurants in Chicago?
10. _____ reading until the end of the chapter.

Phrasal Verbs

Practice Exercises: 5

making up	miss out on	narrowing down	own up	pay me back
pop in	popped up	pointed out	pick up	put out

Fill in the blank with the correct phrasal verb.

1. A lot of questions _____ at the meeting this morning.
2. Can you _____ the kids from school at 3pm?
3. Mr. Anderson _____ my errors on the history exam.
4. Why are you always _____ crazy stories?
5. I would hate to _____ the baby's first steps.
6. The New York City Police are _____ the list of suspects.
7. I will lend you the \$50 but can you _____ soon?
8. I _____ the dishes _____ on the table.
9. You need to _____ to the crime you committed last night.
10. I will _____ for a few minutes this evening to visit.

Phrasal Verbs Practice Exercises: 6



rely on	ran into	showing off	show up	sign in
sleep in	sticks up for	takes after	take back	told me off

Fill in the blank with the correct phrasal verb.

1. My brother always _____ me at school.
2. I _____ my uncle at the school carnival.
3. Juan didn't _____ for work today.
4. I love to _____ on the weekend.
5. You cannot _____ what you said to me. I will never forget.
6. Liliana _____ her mother. They are both beautiful.
7. You need to _____ each day so we can pay you for all of your hours.
8. My girlfriend _____ during our argument last weekend.
9. Amanda is always _____ her new clothes.
10. You can _____ your assistant to get more of your work done.

Phrasal Verbs

Practice Exercises: 7

throw away	threw up	toying with	track down	try on
turned away	turned him down	used up	watch out	went out

Fill in the blank with the correct phrasal verb.

1. I _____ with some friends last night.
2. _____ ! It's slippery out there.
3. Ameli is sick. She _____ at school today.
4. You need to _____ all of your old clothes that don't fit any more.
5. We are going shopping this weekend. I cannot wait to _____ new clothes.
6. They _____ for the new office assistant job. They said he didn't have enough experience with computers.
7. She was _____ from the dance club. They said her dress was too short.
8. I am _____ the idea of quitting my job and moving to Vietnam.
9. My husband _____ all of the toothpaste.
10. I need to _____ the instructions for this game. I don't remember how to play it.

Phrasal Verbs

Answers for Practice Exercises



Practice Sheet 1	Practice Sheet 2	Practice Sheet 3
<p>1- applied for</p> <p>2- call back</p> <p>3- calm down</p> <p>4- count on</p> <p>5- broke down</p> <p>6- butt in</p> <p>7- back up</p> <p>8- bring back</p> <p>9- agree with</p> <p>10- dealt with</p>	<p>1- give up</p> <p>2- falling behind</p> <p>3- dressed up</p> <p>4- focus on</p> <p>5- get along with</p> <p>6- fit in</p> <p>7- drop in</p> <p>8- drop off</p> <p>9- figure out</p> <p>10- drag on</p>	<p>1- *hand back</p> <p>2- got over</p> <p>3- got into</p> <p>4- hurry up</p> <p>5- get on</p> <p>6- *hand out</p> <p>7- headed to</p> <p>8- hold on</p> <p>9- went through</p> <p>10- get out of</p> <p>* Could be either one</p>

Phrasal Verbs Answers for Practice Exercises



Practice Sheet 4	Practice Sheet 5	Practice Sheet 6	Practice Sheet 7
1- make fun of	1- popped up	1- sticks up for	1- went out
2- looking after	2- pick up	2- ran into	2- watch out
3- log on	3- pointed out	3- show up	3- threw up
4- let down	4- making up	4- sleep in	4- throw away
5- laid off	5- miss out on	5- take back	5- try on
6- log off	6- narrowing down	6- takes after	6- turned him down
7- looking for	7- pay me back	7- sign in	7- turned away
8- line up	8- put ... out	8- told me off	8- toying with
9- know of	9- own up	9- showing off	9- used up
10- keep on	10- pop in	10- rely on	10- track down